

# Shorelines

## NEWSLETTER OF THE PROBUS CLUB OF NORTH SHORE VANCOUVER

September 2020

[www.probus-northshorevancouver.ca](http://www.probus-northshorevancouver.ca)

Vol.18 No.9

### Management Committee

**President:**

Herb Grubel  
604-980-7922

**Vice President:**

Ron Wood  
604-922-7646

**Secretary:**

TBD

**Treasurer:**

Gordon Adair  
604-230-9122

**Past President:**

Jim Grey  
604-926-9248

**Communications:**

Darryl Stodalka  
604-925-2570

**House:**

Gary Sutherland  
604-926-2807

**Membership:**

Jeremy Marr  
604-926-9368

**Speakers:**

Gordon Bird  
604-988-8280

**Special Events:**

John Elliott  
604-925-3535

## Monday, September 14th Zoom Meeting

Annual General Meeting followed by guest speaker

### Dennis Molnar, Historian

*“WWII Stories (Part 2) including the jailed German Generals who lived on British Estates, shopped in London and, dined at the Ritz.”*



Dennis Molnar is returning for a third speaking engagement with our Club. This time he will entertain us with more Amazing People stories of World War 2 (Part 2) including the jailed German Generals who lived on British Estates, shopped in London and, dined at the Ritz.

Meet the man Churchill tried to fire three times - who composed the most immoral, yet successful, propaganda program in history. Learn why an Allied Spy intentionally became prisoner in the Auschwitz Concentration Camp and what he did when inside. Learn the incredible secret of why, and how well, jailed German Generals lived on luxury British estates.

Dennis Molnar worked for, and was a Director of, a high technology company that supplied satellite photo mapping systems for use by the Military. An Electronics Engineer by education, he visited Military Agencies on 5 continents, was in Iraq during the war with Iran, and in Libya during its 1980's high tension with the USA. Having visited over 50 countries, he studied the role of maps in War History and decided to share his passion and knowledge as a Lecturer.

Dennis tells captivating and intriguing stories of people and events that have helped shape our history. What was the life of a World War II Spy really like? Who made the most obvious mistakes in the most critical sea chase of World War II (and why)? Who was disobeyed more by their subordinates: Churchill or Hitler? Why did so many husbands and wives, living behind the Berlin Wall, become informants for the secret police and spy on each other? And why are the History books so wrong about Cuba's Revolution and Cold War Missile Crisis ?

Dennis received his MBA, became the Managing Director of a Technology Company, taught at the University of British Columbia, and has served on various Advisory and Director Boards. He is a past Director of the BC Winston Churchill Society and for over 20 years has presented World War II and Cold War History to Businesses, Professional Groups, Museums, and Societies. **PLEASE NOTE This presentation will NOT be recorded. Relax in your easy chair with a cup of coffee and log in to this presentation on Monday.**

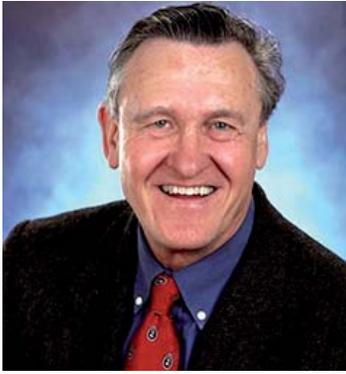
## Mark Your Calendars to Attend Our Next Zoom Meeting

**Monday, October 5th**

**Mike Harcourt, Reflections on Several Civic and Provincial Issues**  
**President's Message, Special Events (Walk via the Viaducts) - page 2 ...**



## President's Notes



This is the last letter I am writing to you in my capacity as the President of your Club. If as expected, you will elect Ron Wood at the annual meeting on September 14, he will take over my job and I will serve one more year on the Management Committee as the Past President.

It has been a pleasure serving you, even as the job was complicated significantly by the COVID-19 pandemic. The MC team resolved one of the most important problems by deciding to use the Zoom facility to run the monthly meetings. Thanks to the work of Darryl Stodalka, they went off without a hitch and were attended by many members who praised the events.

The Club's Annual General Meeting always takes place at the start of the regular monthly meeting in September. It usually takes less than 10 minutes, but is important to meet the Club's statutory requirements.

Members will be asked to cast their vote to approve the minutes of last year's AGM, the financial report and the slate of candidates to serve on next year's management committee. You will be asked to cast your vote on the Zoom screen on which you will watch the speaker's presentation. Darryl will provide you with information needed to do so and will compile the results.

To validate the vote, at least 82 members will have to cast their votes. A majority of more than 50% is needed for the approval of the AGM motions as noted above.

I hope that enough of you will attend this meeting on September 14th so that a quorum will be achieved and the Club can continue to operate normally.

The talk by the ever-popular Dennis Molnar will follow immediately after the votes have been cast.

See you soon.

*Herbert Grubel*

Contact: [president@probus-northshorevancouver.ca](mailto:president@probus-northshorevancouver.ca)

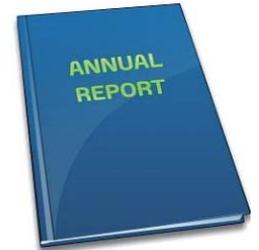
**PLEASE  
JOIN US**

## 2020 AGM Materials

**All materials for the AGM on September 14th are being sent to members prior to the AGM. Please review these items listed below as hard copies will not be provided.**

The 2012/2021 Management Committee proposed slate, to be elected, was included in the August Shorelines. The AGM materials include:

- an Agenda,
- Annual Report,
- Minutes from the 2019 AGM, and
- Financial Statements as at August 31, 2020



## Special Events

### Walk the Viaducts

Thus far, we have a very small number of takers for the Viaducts guided walk on Wednesday September 23rd. (*See the September newsletter on our website*).

This might be due to several factors, but it seems most probable that COVID concern is the cause. Past walks guided by John have been well attended (even in the pouring rain) and have been much enjoyed by all who came.

In considering whether it is "safe" to come, members may like to know that

1. We will limit the numbers so that we will be able to stand further apart than usual.
2. In walking from point to point, we will maintain distancing.
3. Being outdoors, air movement greatly reduces the likelihood of transmission.
4. Everyone will bring a mask and will wear it (at a minimum) as we gather at each point.
5. We will not recommend car pooling but encourage participants to travel independently.
6. There will be no social lunch at the end of the walk.

Everyone must decide for themselves whether or not this is sufficient. We ask only that you respond quickly if you intend to come. Each member can bring one guest and there is limited space for 20 walkers only.

**Note:** Should you wish to register for this event we are asking members to pay the \$10 fee by electronic transfer to [probus.events@telus.net](mailto:probus.events@telus.net)

To register, email [hiljon@me.com](mailto:hiljon@me.com).

*John Walker*

## 2020/2021 Proposed Management Committee *(to be elected)*



**Ron Wood**  
President\*



**Darryl Stodalka**  
Vice-President\*



**Keith Fenton**  
Secretary



**Gordon Adair**  
Treasurer\*



**Tom Gunn**  
Chair: Communications



**Terry McLeod**  
Chair: House



**Jeremy Marr**  
Chair: Membership\*



**John Elliott**  
Chair: Speakers\*



**Doug Magoon**  
Chair: Special Events

### Additional Member Not Requiring Election

**Herb Grubel, Past President\***

\* Member of the 2019-2020 Management Committee

**Note: Nominations for the Management Committee closed on August 31, 2020. No further nominations were received.**

**Ron Wood** (*Member March 2012*) Ron's career included ownership of a Vancouver based executive search and management consulting firm. A resident of West Vancouver for more than 40 yrs and Councillor (9yrs) and Mayor (6yrs), Ron is currently President of the West Vancouver Kiwanis Club and VP of the Kiwanis North Shore Housing Society.

**Darryl Stodalka** (*Member September 2005*) Darryl's career in Information Technology took him from government in Edmonton to the oil patch in Calgary and on to Vancouver in the insurance industry. Darryl and his wife have lived in West Vancouver for over 25 years. When joining PROBUS he helped the Club go digital contributing to lowering dues.

**Keith Fenton** (*Member April 2010*) Keith's career of over 54 years was as a Professional Engineer (P.Eng., FEC) specializing in roads and transportation planning. He was also active in the Public Works Association of BC (PWABC), Consulting Engineers of BC (ACEC-BC), and community organizations such as the Coho Society of the North Shore.

**Gordon Adair** (*Member December 2008*) Gordon's career for 57 years was in Finance and Accounting and is a Chartered Professional Accountant (CPA) and a FCPA (Fellow of the CPA's), is a board member of the Coho Society of the North Shore for 30+ years. He was also a former partner at Deloitte and Director of Finance at ICBC.

**Tom Gunn** (*Member June 2015*) Tom's career has been in finance and investment. He was the Chief Financial Officer of Canada Trust and the Chief Investment Officer of the Ontario Municipal Employees Retirement System (OMERS), one of the largest public sector pensions plans in Canada. He came to BC as the Founding President and Chief Executive of the UBC Investment Management Trust. He sits on two boards and is Warden of St. Stephen's Anglican Church.

**Terry McLeod** (*Member July 2019*) Terry was born in Vancouver and has resided in West Vancouver for 38 years. He graduated from UVIC in science. His career spanned marketing Technical Resource Software and branch management with Computer Sciences Canada. He now enjoys volunteering at Oceanwise/Aquarium. He was also a Rotarian 12 years.

**Jeremy Marr** (*Member December 2008*) Jeremy came to Canada from the UK fifty years ago with an engineering degree from Cambridge. He worked for Chrysler Canada in Toronto and Pacific Press in Vancouver before becoming a consultant in quality management systems. His interests include bridge, golf and singing with the Pacific Spirit Choir.

**John Elliott** (*Member 2005*) John's career was primarily in the energy area including H.A. Simons where he held the position as Director of Energy Services. He has lived in West Vancouver for 40 years. His interests include golf, granddaughters, and some traveling. John has served on the PROBUS Special Events Committee for the past six years.

**Doug Magoon** (*Member September 2017*) Doug's 40 year career focus was in metallurgical engineering, operations and technology management with Cominco Ltd / Teck Resources. He was also active in Big Brothers and Sisters of BC, the Board of Trail Regional Hospital, Rotary International and the BC Armed Forces Liaison Committee. He has resided in North Vancouver District since 2003.

## Last Month Speakers - Kandys Merola and Dr. Jay Johnston

### Speakers for the meeting:

#### Kandys Merola (Our 1st speaker/presenter)

Chief Executive Officer of TB Vets Charitable Foundation. The TB Vets Foundation helps British Columbians in all life stages with respiratory health.

#### Dr. Jay Johnston (Our 2nd speaker/presenter)

Dr. Johnston is a respiratory physician and an active member of a multidisciplinary cancer care team that coordinates care for people with lung cancer.

Dr. Johnston is the evaluation lead at Provincial TB Services at BCCDC (BC Center for Disease Control). He is also the Head of the Respiratory Medicine Division at Vancouver General Hospital, an Associate Clinical Professor in the UBC Department of Medicine and an Associate Member of the UBC School of Population & Public Health.

Dr. Johnston is a Michael Smith Foundation Health Professional Investigator. He has a Master of Public Health (MPH) from the Harvard School of Public Health and a Grzybowski Fellowship in TB research. He is the former vice president and conference chair of North American region of the International Union against TB and Lung Diseases (The Union).

### Part One

The TB Vets Organization is 100 years old. Kandys Merola is closely connected to TB Vets, as her father was one of the founding TB Veterans of the First World War. In 1945, Veterans of the Second World War formalized “TB Vets” and originated the Key Tag Program. The Key Tag Program operates as a lost and found service. If someone finds your lost keys, they can be put in any mailbox and the keys will be returned to you. Since the program started in 1946, they have returned over 510,000 keys. Key tags keep your keys safe if lost and your donation will support respiratory care in British Columbia.

For 75 years, TB Vets has been providing respiratory equipment to BC hospitals. Each year since 1980, TB Vets has provided approximately 20 ventilators / year to address the urgent need for respiratory equipment across British Columbia. During the COVID-19 crisis they doubled their efforts to address the changing needs of frontline medical heroes. TB Vets was recently featured on CTV “Morning Live” for their work in raising funds for 7 ventilators for 7 hospitals.

The COVID-19 pandemic has put in perspective just how essential it is to have access to life-saving respiratory equipment. TB Vets is committed to providing more ventilators to BC’s frontline healthcare. This is critical not only in helping save lives of COVID-19 patients, but also so

many others— women are still having babies, children are still getting ill with other ailments and injured adults still need help. The TB Vets’ COVID-19 campaign provided ventilators to the following BC hospitals:

- Royal Inland Hospital
- Pemberton Health Centre
- Whistler Health Care Center
- Fort St. John Hospital
- Kootenay Boundary Regional Hospital
- Peace Arch Hospital
- Ridge Meadows Hospital

In addition to providing equipment, TB Vets sponsors ground-breaking Tuberculosis and Respiratory research at Vancouver General Hospital / University of British Columbia (VGH / UBC) and Royal Columbian Hospital / Simon Fraser University (RCH / SFU). These institutions house some of the leading research laboratories in the world.

They also provide bursaries to students studying Respiratory Therapy at Thompson Rivers University in Kamloops. This program is the only specialized Respiratory Therapy education program in the province.

Most recently TB Vets donated \$75,000 to Dr. Jay Johnston’s research program to follow up on recovered Covid-19 patients.

### Part Two

Dr. Jay Johnston offered a slide presentation with current information regarding Covid-19, beginning with a detailed explanation of what Covid-19 is, and noting that we have had various Covid viruses over the last two decades.

Up until today there have been 18 million confirmed cases worldwide with 120,000 in Canada and 700,000 deaths including 8,000 in Canada. BC Statistics show we have had mostly local transmission. We are experiencing a second wave. The first wave is much larger. Covid-19 is not over and won’t be for over a year. People over 50 are at significant risk of death. By May 2020, .6% were infected in BC. This seems low, but the population risks are extremely high. An 8 : 1 ratio between infection versus diagnoses, meaning that the “real” number of infection is likely 8 times higher. Our numbers in BC are among the lowest in the world.

It affects the body in a multi-system fashion – stroke, affects parts of the brain, loss of smell, sore throat and anxiety. More significant are the respiratory effects in the acute phase. Also a severe pneumonia (ARDS) that requires ventilation, sometimes for months. This particularly affects people with underlying disease. They can experience

## Last Month Speakers - Kandys Merola and Dr. Jay Johnston

kidney injury, rash, blood vessel disease. Appears to be in part related to the blood vessels, which is why it acts as a multi-system disease.

Long term effects are less clear. The systems are overwhelmed with the numbers of people so can't find the funding / people to set up the clinics required for the research. All we have so far are anecdotes. We are seeing very severe effects for a small number of people. In BC, we have a public health system that allows us to think about the long term effects of Covid-19. Dr. Jay and colleagues (3 leaders of Respiratory Medicine in the Lower Mainland) will concentrate on lung disease following Covid-19.

We learned a lot from HIV, which is now manageable like Diabetes, and that is to engage people in the research. Our goal is to have a provincial wide network funded by Provincial Health.

We have some early data. We have followed people that have been hospitalized to see what happens to them at 3 months. Pulmonary function was tested and found that 58% had lung function abnormalities after 3 months as well as frailty, ongoing shortness of breath, and mood. Most concerning is that there will be persistent abnormalities in daily function. All indications are that this disease is significant and we need to do everything we can to avoid it. BC is leading the way in public health and post-Covid-19 care utilizing interdisciplinary and patient partnered clinics for comprehensive care and embedding it with research called a learning health system to ensure that we will be state of the art for years to come.

Questions for Dr. Johnston:

1. Contagious? A large proportion of people have lung function abnormality, therefore some lung damage, muscles are affected from months in hospital bed. Don't think they are contagious - it is not a persistent replication of virus.
2. Care home staff testing. BC has protocols for this, and is leading the way. Quebec care homes are disastrous - BC does much better.
3. BC antibody testing? Yes. Antibody testing shows that they have had the disease, but not whether they have immunity. Not sure if you can get it again, and if you do, will it be less severe?
4. Vaccine available? 2021 earliest.
5. In years past, flu has had a significant death toll. A different perspective is to look at Tuberculosis. TB has killed more people than Covid-19 this year. In India there are 2 million cases per year of TB. We will see more deaths from TB than Covid-19, and it won't even make the news. Yes, we do see a lot of flu, but death numbers will be dwarfed by Covid-19. Will

likely see less flu this year due to Social Distancing.

Question for Kandys:

1. How many people sign up every year? TB Vets mails out 105,000 each year and about 50,000 people donate. ICBC used to help with this but they don't anymore.

*Darlene Dean*

## Membership Renewals

### MEMBERSHIP RENEWAL REMINDER



**If you have not already done so, please either mail your cheque for \$60, along with a copy of your renewal email previously sent to you on August 7th, or pay by Interac e-Transfer to [nsprobusdues@gmail.com](mailto:nsprobusdues@gmail.com).**



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<http://www.probus-northshorevancouver.ca/>

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