

Shorelines

NEWSLETTER OF THE PROBUS CLUB OF NORTH SHORE VANCOUVER

JUNE 2012

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Alex Tunner
604-921-1610

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604-921-6660

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604-988-3087

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Don Leier
604-925-7690

Speakers:

Gordon Adair
604-230-9122

Special Events:

Barry Heselgrave
604-922-9481

**Probud Canada
Regional Director:**

John Leonard
604-924-9286



Next Meeting

Monday, June 11th

with speaker

Maureen McGrath, RN, NCA

Host CKNW Sunday Night Sex Show, 980 AM

“Sexual Health in the Golden Years”

Maureen McGrath is an Advanced Practice RN, Nurse Continence Advisor (NCA) and Consultant with degrees in nursing, business management and political science. In her North Vancouver private practice she sees patients with quality of life issues as they relate to problems with bladder, bowel, prostate and sexual health. Canada's leading “sexpert”, she has travelled the province and beyond educating physicians, nurses, and other health care workers as well as the public. Maureen works closely with the Prostate Cancer Network BC and Prostate Cancer Canada.

Maureen is a regular contributor on health matters to the Simi Sara Show on British Columbia's #1 Radio Station CKNW 980 am. Maureen is a regular invited guest lecturer at Simon Fraser University and University of British Columbia to undergraduate and medical students. She is committed to advancing and is passionate about quality of life matters as they relate to overall general health across the life cycle for women and men.

Maureen was awarded grant funding in 2009 to establish four Bladder Care Clinics across the province of British Columbia. She received the Vancouver Coastal Health *Award for Nursing Excellence* in 2008. She has been affiliated with Vancouver Coastal Health in variety of positions, including Head Nurse for Perinatal and Paediatric Services and Research Manager for the International Collaboration for Repair Discovery.

Maureen is the Chair of the BC Chapter of the Canadian Nurse Continence Advisor Association. She is a Member of the International Society for the Study of Women's Sexual Health. She has developed on-line resources for Catheter Care as well as Provincial Guidelines for Bladder Care. Maureen has served on the board of the North Shore Health Care Awards for Outstanding Achievement from 2007-2010. For more information, you may visit her website <http://www.yoursexualhealth.ca/>

July Meeting

Monday, July 9th - Speaker TBA

President's Notes - Rendezvous 2011



The Event – (Part 1 of 2)

You may remember that Probus Canada's 3rd National Reunion took place Sep. 13-15, 2011 at the Sheraton Wall Centre Hotel in Vancouver. Similar previous events were in Saint John, NB (2005) and Muskoka, ON (2008).

Rendezvous-2011 had two objectives:

- Fostering Fellowship among Probus members in Canada, through a congenial and fun-filled reunion, featuring presentations by outstanding keynote speakers;
- Strengthening the Probus network in Canada (some 200 clubs and 30,000 members) through workshops aimed at generating ideas for enriching the Probus experience.

Our Club was the primary organizer of this event led by Past President Esio Marzotto, with key members drawn from our Management Committee.

Attendance was 180, including 40 from Ontario and 12 Aussies – 60% were BC residents. The total cost of the event (\$40,200) was covered by registration fees (\$33,000), sponsorships (\$4,500) and Probus Canada (\$2,700).

Keynote speakers included:

- *Dr. Max Cynader* (Director, Brain Research Centre – UBC & Vancouver Coastal Health) spoke on “*Enhancing Your Brain Fitness*”.
- *Christopher Gaze* (Director, Bard on the Beach) spoke about the arts, entertainment and “*Theatre and Shakespeare*”.
- *Calvin Helin* (Lawyer, Author), born in a poor BC First Nations village, advocates self-reliance to escape “*The Economic Dependency Trap*”, the cause of helplessness and poverty.
- *Frank Palmer* (Chairman & CEO, DDB Canada), a “star” in Canadian advertising, looked at “*The Future of Advertising*” with the Internet, social media and digital communications.
- *Bramwell Tovey* (Musical Director, Vancouver Symphony) – in his “*Musical Perspective*” he recounted remarkable experiences, while accompanying himself on a grand piano.

Banquet entertainment featured Bob Robertson and Linda Cullen of “Double Exposure”, with their satirical comedy, political parody and clever impersonations.

Next month's *Shorelines* will report on the “outcomes” of *Rendezvous-2011*.

Alex Tunner

Special Events

Bard on the Beach Event - Sunday, July 22nd

Play - “*Taming of the Shrew*”, Cost - \$75

The Group is restricted to just 46 participants on a first come first served basis. 37 have already signed up! You are not confirmed until you have paid and payment must be received by **July 2nd!**

4:30 pm - Chartered blue bus departs from the Park Royal South bus stop. The Shopping Centre has kindly given permission for members to leave cars in the adjacent area just south of the bus stop.

5:00 pm - Arrive at Vanier Park. On disembarkation, proceed to Bard Hospitality Tent for a “Falstaff's Feast Gourmet Meal” and a no host bar.

6:10 pm - Move to reserved seating to attend an insightful pre-show talk by Christopher Gaze and learn about the play, the actors and Bard on the Beach operations.

7:00 pm - Enjoy the performance of Shakespeare's ever popular comedy, “*Taming of the Shrew*”.

9:00 pm - Bus leaves for return to Park Royal

For reservations please contact Barry Heselgrave at 604.922.9481 or by e-mail at: bach@ripleroad.com

Abbotsford Airshow 50th Anniversary

Saturday, August 11th, Cost - \$178

We have arranged admittance as members of the President's Club as was done last year. This means a gourmet breakfast and lunch, a complementary bar, special seating, umbrellas and more. Bus transportation has been arranged and the price will be the same as last year at \$178 for a spectacular 50th Anniversary event! Guests are welcome and we encourage you to sign up early by contacting Barry Heselgrave by e-mail at: bach@ripleroad.com



Participants at the Emily Carr University Tour on May 8th

New Member Welcomed and Introduced and Greeters at May Meeting



Reay Mackay
Financial
Services
Executive



Greeters
David Rolfe
and
John Elliott

Brief Backgrounds of a Few Recent New Members



James Boyd (*member since February 2012*) was born in Cambridge/Galt, ON and has lived in BC since 1974, moving to West Vancouver in 2003. He qualified as a Chartered Accountant in 1973 and obtained an MBA from SFU in 1989. After a brief career in public accounting, James served 10 years as Controller for Metro Vancouver (GVRD) and 21 years as Treasurer at SFU. Outside his work related activities, he was a member of Big Brothers and volunteered with a Boy Scout Group committee and other community not for profit and charitable organizations.



Bob McMillin (*member since February 2012*) was born in Toronto and has lived in BC since 1973, moving to West Vancouver in 1988. He is a graduate in Psychology from the University of Auckland, NZ. Afterwards graduation, Bob began a career in human resources management consulting, initially with Craigmyle Consulting before becoming Senior Partner and Vice-President-Executive Search with PriceWaterhouseCoppers and later as a Director-Executive Search with Deloitte. Outside his work Bob served as a Board member of Capilano College.



Rob Paterson (*member since October 2011*) was born in Argentina and is a graduate of St. Andrews University and the London School of Economics. He is a Chartered Management Accountant (UK) and a Certified Management Accountant (BC) and spent most of his career with KPMG and Arthur Andersen in Canada and at various overseas locations. He retired from Andersen's Business Consulting practice in Russia in 1997 and moved to the University of the United Arab Emirates as Director of Finance and Administration. He returned to Canada in 2000 and since then he has been engaged as a volunteer with a number of community and charitable organizations.



John Ward (*member since March 2012*) was born in Vancouver and has lived in North Vancouver for 35 years. He has a BSc., Mathematics and Economics from UBC as well as a supplemental Business degree from SFU. John held various positions as Product Manager, Market Manager and Financial Planner with Telus/BC Tel before retirement at 55 years. John continues as a member of Rotary in North Vancouver where he is involved in community projects such as 'Safe House for Kids', homelessness and youth addiction.

Last Month Speaker



Gordon Adair, Dr. James Boutilier and Alex Tunner

Dr. James Boutilier's main focus was the shift of the centre of world power from the Atlantic to the Pacific and Indian Oceans, with America, China and India as principal players and with France, Germany, UK and Russia as lesser players. The factors that are driving this change are: military, political, economic and demographic which will result in fundamental geopolitical changes in the future.

Both India and China have become significant maritime powers. US General Mahon said, "*Great nations need great navies.*" The Indian Ocean is now effectively controlled by India, although China is making its presence felt, using as an excuse, the protection of ships from Somali pirates. Both countries realize they have to control their trade routes for manufactured goods going out and oil and other resources coming in. They are planning on acquiring aircraft carriers sometime in the future. At present their ships are smaller, like destroyers, frigates etc. India currently has 44 ships on the drawing board and within the next twenty years China will be the largest shipbuilder.

The submarine, a game changer, is costly and complicated but as the enemy doesn't know where they are, they are called force multipliers. Countries who can afford them are acquiring them, even Singapore, which is also acquiring maritime helicopters. Singapore sits on the Molucca Sts, a major choke point in eastern maritime trade. Australia plans to have 12 subs.

The question is being asked, "*Is the Chinese navy capable of putting up a good naval fight?*" The feeling is that they are, even though they have not been in a war for a long time. Taiwan, for the time being, is on the back burner.

Oil and fishing are major drivers. China presently gets oil both by sea and by pipeline, but both are vulnerable to attack. It must be able to protect its fishing fleets, as the Chinese depend on the sea for protein. About 500 million SE Asia people get 80% of their protein from the sea.

China claims that it has no territorial ambitions, but their more aggressive behaviour and burgeoning navy would suggest otherwise. This has resulted in Australia's ship-building boom, and new military alliances between the US and Burma, the Philippines, Vietnam, etc. The South China Sea is an area of military friction for oil resources, fisheries and trade routes as evidenced by multiple overlapping sovereignty claims over the Spratly Islands thought to possess substantial natural resources. The ongoing friction has also resulted in much closer ties between the US and India.

China is very concerned with the Arctic and its resources. It wants to acquire available oil from the high Arctic and is very vulnerable to global warming, and the melting of the Arctic ice with resulting increased sea levels. A one meter rise in sea levels could result in the flooding of 125,000 sq. km. and displacement of 73 of its million people. Warming will also result in more violent typhoons, and the melting of the Himalayan glaciers with its impact on fresh water flows. Yet another threat from the melting of the ice is the changing of the ocean currents and resulting disruptions. Our future continues to look challenging.

Ken Bryden

Monthly Quote

"Enjoy the little things you have in life, for some day you will realize they were the big things."

-Author Unknown

Meetings

Second Monday of each month, except when changed to avoid conflict with special holidays on that day; in addition, our Christmas Luncheon replaces the December meeting.
Dress Code: Business Attire. Jeans are **NOT** permitted.

Coffee and fellowship: 9:00 am to 9:45 am
Club business and speaker: 9:45 am to 11:30 am

Capilano Golf and Country Club

420 Southborough Drive
West Vancouver, BC V7S 1M2
Phone: (604) 922-9331

Visit: <http://www.capilanogolf.com/public/club/index.aspx>

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Editorial contributions and comments are welcomed
and may be sent by e-mail to:

newsletter@probus-northshorevancouver.ca

or by mail to:

Probus Club North Shore - Communications Chair
P.O. Box 92042
West Vancouver, BC, V7V 4X4